

DeSoto Senior Activity Center

January 2015

This Program is funded by Dallas County, the Texas Department of Aging and Disability Services and Dallas Area Agency on Aging. Relay Texas
1-800-735-2989

			Thursday 1/1/2015	Friday 1/2/2015
			 Closed for Holiday	Honey Mustard Chicken Black-Eyed Peas Spinach Texas Bread Rice Crispy Bar Milk
Monday 1/5/2015	Tuesday 1/6/2015	Wednesday 1/7/2015	Thursday 1/8/2015	Friday 1/9/2015
Southwestern Beef Whole Kernel Corn Capri Vegetables Wheat Bread Chocolate Pudding Milk	Chicken Stroganoff Parsley Carrots Broccoli Dinner Roll Carnival Cookie Milk	Sliced Turkey Breast Swiss Cheese Lettuce and Tomato Three Bean Salad Kaiser Roll Fresh Banana Milk Mustard	Meatballs with Brown Gravy Bowtie Pasta w/Red Peppers Garden Vegetables Dinner Roll Fruited Strawberry Gelatin Milk	Glazed Ham* Lima Beans Mixed Greens Cornbread Fudge Cream Cookie Milk Margarine
Monday 1/12/2015	Tuesday 1/13/2015	Wednesday 1/14/2015	Thursday 1/15/2015	Friday 1/16/2015
Turkey Pot Pie Whole Kernel Corn Cold Pickled Beets Dinner Roll Fresh Orange Milk	Pepper Beef Steak Brown Gravy Mashed Sweet Potatoes Green Beans Wheat Bread Marble Pudding Milk	 Birthday Meal Oven Fried Chicken Macaroni and Cheese Broccoli Dinner Roll Birthday Cake Ice Cream/Milk	Frankfurter with Chili* Onions/Shredded Cheese Potato Salad Baked Beans Hot Dog Bun Sliced Peaches Mustard/Milk	Grilled Chicken Salad Pasta Salad Garlic Breadstick Oatmeal Cream Cookie Milk Italian Salad Dressing
Monday 1/19/2015	Tuesday 1/20/2015	Wednesday 1/21/2015	Thursday 1/22/2015	Friday 1/23/2015
 Closed for Holiday	Turkey Tetrazzini Tossed Salad Sliced Carrots Dinner Roll Gingerbread Cookie Milk Italian Salad Dressing	Taco Meat Lettuce/Tomato/Cheese Pinto Beans Taco Shell Apple Cobbler Milk Taco Sauce	Baked Chicken with Gravy Broccoli Rice Casserole Cabbage Cornbread Fruited Lemon Gelatin Milk Margarine	Beef Chili with Beans Chuckwagon Corn Green Beans Saltine Crackers Chocolate Chip Cookie Milk
Monday 1/26/2015	Tuesday 1/27/2015	Wednesday 1/28/2015	Thursday 1/29/2015	Friday 1/30/2015
Chicken Meatballs Onion Gravy Delmonico Potatoes Garden Vegetables Wheat Bread Fresh Orange Milk	Beef Ziti Herbed Green Beans Squash Medley Dinner Roll Fudge Cream Cookie Milk	Chicken Verde Cilantro Lime Rice Sliced Carrots Mexican Cornbread Fruited Orange Gelatin Milk	Hamburger Patty Lettuce and Tomato Ranch Beans Hamburger Bun Hot Spiced Apples Milk Mustard and Catsup	Chinese New Year Turkey Supreme Green Peas California Vegetables Wheat Bread Ambrosia Pudding Milk

* - Contains Pork

Activities and services at this Center are equally accessible to all persons who are age 50 and over regardless of race, color, national origin, religious affiliation, handicap or impairment. A donation of \$1.00 is suggested for meal participants 60+ and their spouse otherwise the cost is \$6.00 per meal. Meals must be ordered by noon two days in advance by calling 972-230-5825.

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